

## 2016 Hereford Half

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
1	1:18:24	377	Stephen Reid	M		BASINGSTOKE AND MID HANTS AC	1	1:18:18
2	1:18:54	347	Sage Pearce-Higgins	M			2	1:18:54
3	1:19:03	554	Tom Grady	M		HEREFORD COURIERS	3	1:19:03
4	1:20:38	68	Forbes Browne	M	40		4	1:20:36
5	1:22:30	240	Christian Jones	M	45	WYE VALLEY RUNNERS	5	1:22:30
6	1:23:31	302	Sam Mayglothling	M		CROFT AMBREY RC	6	1:23:29
7	1:23:54	523	James Matt	M		HEREFORD COURIERS	7	1:23:54
8	1:23:58	568	Matt Scriven	M	45	MERCIA FELL RUNNERS	8	1:23:57
9	1:25:55	566	Daniel Lewis	M	40	WYE VALLEY RUNNERS	9	1:25:54
10	1:26:05	453	Peter Turnbull	M	50	LES CROUPIERS RUNNING CLUB	10	1:26:05
11	1:26:27	322	Andy Moxon	M	45	WYE VALLEY RUNNERS	11	1:26:25
12	1:26:40	595	Alex Hustwaets	M			12	1:26:38
13	1:26:58	611	Dan Phillips	M		WYE VALLEY RUNNERS	13	1:26:55
14	1:27:13	172	Liam Grice	M		WYE VALLEY RUNNERS	15	1:27:13
15	1:27:23	152	Gavin Gates	M		BRIDGEND AC	16	1:27:23
16	1:27:35	253	David Klotz	M		WYE VALLEY RUNNERS	18	1:27:34
17	1:27:36	345	Elliott Parsons	M			17	1:27:33
18	1:27:43	200	Gary Herring	M			19	1:27:42
19	1:27:50	415	Lee Simms	M		HEREFORD GHOST RUNNERS	14	1:27:13
20	1:28:26	448	Carl Thomasson	M			20	1:28:24
21	1:28:43	454	James Turpin	M			21	1:28:43
22	1:29:08	164	Luke Gray	M			22	1:29:02
23	1:29:14	446	Phil Thomas	M	40	WYE VALLEY RUNNERS	24	1:29:12
24	1:29:18	609	Philip Bouchier	M			23	1:29:10
25	1:29:19	287	Gemma Mallett	F		CROFT AMBREY RC	25	1:29:18
26	1:29:25	607	Paul Saville	M	45		26	1:29:25
27	1:30:00	547	Jonathan Robertson	M			27	1:29:58
28	1:30:22	226	Jeremy Jehan	M	40	WYE VALLEY RUNNERS	28	1:30:22
29	1:30:43	612	Mr Sion	M		BUILTH & DISTRICT	29	1:30:43
30	1:30:48	92	Nathan Chatterton	M			30	1:30:46
31	1:31:04	168	Lee Green	M	40	ARMY TRIATHLON ASSOCIATION	31	1:31:00
32	1:31:09	496	Chris Williams	M			32	1:31:09
33	1:31:15	386	Matthew Roberts	M			33	1:31:13
34	1:31:20	546	Hannah Welling	F			34	1:31:18
35	1:31:58	1125	Lisa Giampalma	F			35	1:31:56
36	1:32:10	11	Clive Andrews	M	45	BLACK PEAR JOGGERS	36	1:32:06
37	1:32:25	402	Chantal Scholefield	F		LEDBURY & DISTRICT HARRIERS	37	1:32:17
38	1:32:37	259	Chris Law	M	50	LEDBURY & DISTRICT HARRIERS	38	1:32:23
39	1:32:47	237	Chris Jones	M			39	1:32:35
40	1:33:10	544	Sarah Hassall	F	35		40	1:33:07
41	1:33:25	581	Gary Peakson	M	45	CHOLT AMBREY	41	1:33:18
42	1:33:29	306	Jonathan Meadows	M		WYE VALLEY RUNNERS	44	1:33:24
43	1:33:38	617	Guis Davey	M			42	1:33:23
44	1:33:38	616	Jake Morris	M			43	1:33:23
45	1:33:49	455	Andrew Tyler	M	40	HEREFORD & COUNTY AC	45	1:33:36
46	1:34:20	173	Rhys Griffith	M	50		47	1:34:12
47	1:34:27	608	Dave George	M	40	CROFT AMBERY RUNNING CLUB	46	1:34:08
48	1:34:34	343	Richard Page	M	45		48	1:34:17
49	1:34:41	591	Jon McLavrin	M			49	1:34:37
50	1:34:52	80	Ross Cameron	M		GHOST RUNNER	51	1:34:49
51	1:35:00	538	Nerijus Zukauskas	M			50	1:34:45
52	1:35:01	35	Ross Blackman	M			53	1:34:53
53	1:35:06	431	Matthew Stezaker	M	50		54	1:35:04
54	1:35:08	71	Stephen Bugler	M			52	1:34:51
55	1:35:21	571	Chris Howells	M			56	1:35:18
56	1:35:25	535	Sarah Conway	F		BIRCHFIELD HARRIERS	55	1:35:05
57	1:35:33	627	Dwayne Cadwallader	M	45		58	1:35:29
58	1:35:34	95	Paul Chick	M	45	LLISWERRY RUNNERS	59	1:35:32
59	1:35:36	567	Giles Matsell	M	45		57	1:35:24
60	1:35:51	533	Mark Presdee	M	45		60	1:35:46
61	1:36:20	198	Andrew Heath	M	40	WHITCHURCH WHIPPITS	62	1:36:18
62	1:36:26	590	Oliver Eares	M			61	1:36:11
63	1:36:28	178	Russ Griffiths	M			63	1:36:25
64	1:36:36	618	Andrew Davis	M			64	1:36:34
65	1:36:46	569	Ed Morris	M		LES CROUPIERS RUNNING CLUB	65	1:36:46
66	1:37:18	561	Keeley Hatton	F			66	1:37:11
67	1:37:18	295	Barrie Matthews	M	55		67	1:37:11
68	1:37:21	254	Ryan Knight	M			70	1:37:17
69	1:37:23	528	Russell Shaune	M	50		68	1:37:11
70	1:37:24	540	Toby Newman	M			69	1:37:16
71	1:37:56	142	Peter Flynn	M	40	WYE VALLEY RUNNERS	71	1:37:56
72	1:38:08	598	Robert King	M		PARC BRYN BACH RUNNING CLUB	73	1:38:02
73	1:38:19	344	Daniel Parker	M	50		72	1:38:02
74	1:38:29	398	Kelvin Sanger	M	40		74	1:38:16
75	1:38:50	133	Nicola Emerson	F	40	WYE VALLEY RUNNERS	77	1:38:45

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Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
76	1:38:58	393	Ben Samuels	M			75	1:38:43
77	1:39:01	342	Ross Owen	M		RHONDDA VALLEY RUNNERS	76	1:38:44
78	1:39:18	171	Robert Grice	M	50	WYE VALLEY RUNNERS	80	1:39:15
79	1:39:21	290	Christopher Mason	M	50	WYE VALLEY RUNNERS	78	1:39:12
80	1:39:25	153	Richard George	M	45	WYE VALLEY RUNNERS	82	1:39:24
81	1:39:26	621	Steve Smith	M		RHAYADER AC	81	1:39:23
82	1:39:27	419	Neil Smith	M			79	1:39:14
83	1:39:32	219	Richard Ingram	M	45		83	1:39:25
84	1:39:36	466	George Waller	M			84	1:39:26
85	1:39:43	494	Keith Williams	M			85	1:39:38
86	1:39:45	572	Rebecca Davies	F		WYE VALLEY RUNNERS	87	1:39:41
87	1:39:50	174	Mark Griffiths	M			88	1:39:45
88	1:39:56	85	Richard Carrington	M			86	1:39:40
89	1:40:09	110	Robert Crean	M			89	1:39:57
90	1:40:11	61	Russel Breyer	M	50	IPSWICH JAFFA	90	1:40:07
91	1:40:15	577	Laura Tootell	F	35	WYE VALLEY RUNNERS	91	1:40:10
92	1:40:36	91	Jonathan Chambers	M	55	HEADINGTON ROAD RUNNERS	92	1:40:34
93	1:40:47	517	Rees Ben	M		CROFT AMBREY RC	93	1:40:41
94	1:41:07	430	Gemma Stevens	F		ALMOST ATHLETES	94	1:40:57
95	1:41:31	16	Chris Bailey	M	45	WYE VALLEY RUNNERS	95	1:41:21
96	1:41:32	562	Kate Owen	F	35	WYE VALLEY RUNNERS	96	1:41:26
97	1:41:47	79	Karen Butler	F	55	TEAM BATH AC	98	1:41:43
98	1:41:56	222	Gwyn Istance	M	50		99	1:41:46
99	1:42:00	478	David Watkins	M			97	1:41:40
100	1:42:07	444	Mervyn Thomas	M	65	WYE VALLEY RUNNERS	100	1:42:00
101	1:42:19	183	Szymon Hamer	M			102	1:42:16
102	1:42:19	249	Jim Kerwood	M			101	1:42:14
103	1:42:27	113	Simon Crowther	M	40	BRECON TRI	103	1:42:25
104	1:42:36	551	Artur Przydacki	M			104	1:42:29
105	1:42:40	368	Ian Price	M	65	CROFT AMBERY RUNNING CLUB	105	1:42:32
106	1:42:44	382	David Richmond	M	55		108	1:42:41
107	1:42:45	304	Steven Mccuaig	M			107	1:42:41
108	1:42:48	576	Ian Pain	M			110	1:42:43
109	1:42:50	606	Paul Colleydavies	M	50	CROFT AMBERY RUNNING CLUB	106	1:42:39
110	1:42:55	140	Paul Flight	M			111	1:42:48
111	1:42:56	440	Matt Taylor	M		WYE VALLEY RUNNERS	112	1:42:56
112	1:43:00	300	Richard Mawdsley	M	45		109	1:42:41
113	1:43:19	474	Andrew Wathen	M		WYE VALLEY RUNNERS	113	1:43:05
114	1:43:42	303	Sam Mcbride	M			114	1:43:35
115	1:43:45	400	Daniel Savory	M	45		115	1:43:43
116	1:43:54	413	Sam Shaw	M			116	1:43:47
117	1:44:00	379	Lee Renwick	M	40		117	1:43:52
118	1:44:25	41	Lewis Boden	M			119	1:44:16
119	1:44:29	162	Dan Gray	M			118	1:44:16
120	1:44:32	309	Gerry Meredith	M	40	MONROSS TRAILBLAZERS	121	1:44:27
121	1:44:41	570	Amy Rosanna Gomer	F		LES CROUPIERS RUNNING CLUB	122	1:44:37
122	1:44:52	623	Mr Hastings	M			120	1:44:24
123	1:45:07	275	Matthew Locking	M			123	1:44:49
124	1:45:08	154	Nicholas Georghiades	M			124	1:44:53
125	1:45:10	311	Steven Mesham	M	40	PRESTEIGNE PACERS	126	1:44:59
126	1:45:18	52	Michelle Bowley	F	45		127	1:45:05
127	1:45:29	48	Andrew Boucher	M	45		125	1:44:56
128	1:45:32	26	Helen Beecham	F		ALDRIDGE RUNNING CLUB	129	1:45:28
129	1:45:35	7	Matt Allen	M		RAF TRIATHLON	128	1:45:26
130	1:45:46	469	Richard Ward	M		DERWENT RUNNERS (DERBY)	131	1:45:44
131	1:45:51	141	Martin Flowers	M	60	WYE VALLEY RUNNERS	132	1:45:46
132	1:45:56	212	Alec Hoskins	M			135	1:45:52
133	1:45:57	127	Tom Eaton	M			133	1:45:48
134	1:45:58	514	Jared Yalden	M			130	1:45:37
135	1:46:05	264	Paul Lewis	M	45		136	1:45:57
136	1:46:06	522	Clarke Matt	M		HEREFORD TRIATHLON CLUB	134	1:45:51
137	1:46:25	353	Danielle Phillips	F		PARC BRYN BACH RUNNING CLUB	137	1:46:20
138	1:46:34	580	Mrs Nikia	F	35		138	1:46:28
139	1:46:43	97	Emma Clarke	F		LEDBURY & DISTRICT HARRIERS	139	1:46:32
140	1:47:14	582	Jon Spence	M		WYE VALLEY RUNNERS	140	1:46:46
141	1:47:22	139	Shaun Fitzpatrick	M	45		141	1:46:57
142	1:47:24	197	Andrew Heal	M	50		143	1:47:12
143	1:47:26	483	Clint Welson	M		HEREFORD TRIATHLON CLUB	142	1:47:11
144	1:47:38	1197	Jeffrey Kay	M			144	1:47:18
145	1:47:38	86	Lindel Carruthers	M	45	HUNCOTE HARRIERS AC	145	1:47:18
146	1:47:47	597	Adrian Taylor	M	55	MERTHYR RUNNING CLUB	146	1:47:38
147	1:48:03	266	Dominic Lilley	M			148	1:47:56
148	1:48:08	553	Juliet Maxon	F	35	GHOST RUNNER	151	1:48:05
149	1:48:11	18	Simon Baker	M			149	1:47:59
150	1:48:13	573	John Leafa	M			150	1:48:00

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Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
151	1:48:14	167	Vicky Green	F			152	1:48:10
152	1:48:22	583	Shane James	M		WYE VALLEY RUNNERS	147	1:47:55
153	1:48:26	206	James Hinton	M	40		153	1:48:17
154	1:48:39	20	Kevin Barnes	M	50	HEREFORD COURIERS	155	1:48:28
155	1:48:45	220	Greg Innes	M		MALVERN JOGGERS	154	1:48:24
156	1:49:05	471	Kirsty Ward	F			160	1:49:00
157	1:49:07	242	Daniele Just	M			159	1:48:58
158	1:49:08	228	Paul Jenkins	M			161	1:49:04
159	1:49:12	473	Kevin Warren	M	40		157	1:48:50
160	1:49:12	366	Caroline Price	F	45		162	1:49:08
161	1:49:20	482	Steve Weale	M			156	1:48:49
162	1:49:20	564	Kelly Dallow	F			158	1:48:56
163	1:49:27	592	Adrian Jones	M	60		163	1:49:19
164	1:49:33	376	Peter Reeves	M			164	1:49:26
165	1:49:37	369	Ann Pritchard	F			165	1:49:30
166	1:49:37	156	Tim Giles	M	40		166	1:49:31
167	1:49:40	350	Nigel Penn	M	50		170	1:49:40
168	1:49:41	189	Kyle Harper	M			168	1:49:35
169	1:49:49	359	Chris Ponter	M			173	1:49:43
170	1:49:50	603	Jo Marriott	F	45	CROFT AMBERY RUNNING CLUB	167	1:49:32
171	1:49:51	337	Carolyn O'Leary	F			169	1:49:37
172	1:50:01	374	Martin Randall	M	45		171	1:49:41
173	1:50:05	489	Paul Wilcox	M	50		177	1:49:57
174	1:50:05	122	Anthony Dixon-Gough	M	40		174	1:49:46
175	1:50:06	147	Curtis Fulcher	M			172	1:49:43
176	1:50:07	449	Dennis Tomlinson	M	60		175	1:49:51
177	1:50:14	201	Helen Heycock	F	35		179	1:50:09
178	1:50:18	202	Gareth Heycock	M	40		180	1:50:13
179	1:50:19	531	Ben McLead	M			176	1:49:52
180	1:50:28	74	Paul Burgoyne	M		NFTO RACE CLUB	182	1:50:18
181	1:50:33	193	James Hatwell	M			181	1:50:17
182	1:50:37	324	Kevin Munt	M	55	HART ROAD RUNNERS	178	1:50:04
183	1:50:37	9	Ron Anderson	M	60		183	1:50:26
184	1:50:44	354	Matt Philo	M			185	1:50:30
185	1:50:47	596	Kristina Hughes	F			186	1:50:43
186	1:50:56	459	Matt Ulyatt	M			184	1:50:30
187	1:51:24	334	Bryn North	M			187	1:51:11
188	1:51:30	137	Alice Finlow	F			188	1:51:16
189	1:51:30	138	Brendan Finlow	M	55		189	1:51:17
190	1:51:31	243	Keith Kavanagh	M			193	1:51:28
191	1:51:34	599	Kelly Collins	F	35		190	1:51:24
192	1:51:37	126	Steve Drewitt	M			191	1:51:26
193	1:51:44	552	James Edward Mccafferty	M			194	1:51:34
194	1:51:44	195	Adam Haywood	M			196	1:51:37
195	1:51:45	280	Frank Luscott	M	55	CROFT AMBREY RC	197	1:51:43
196	1:51:46	316	Anya Mittelholzer	F			195	1:51:35
197	1:52:05	605	Steve Chomberidin	M	45		192	1:51:27
198	1:52:07	367	Mark Price	M	40		202	1:52:05
199	1:52:11	480	Richard Watkins	M	45		201	1:52:04
200	1:52:15	504	Mark Wixey	M	45		198	1:51:43
201	1:52:15	536	Stuart Cricket	M	40		199	1:51:44
202	1:52:19	335	Tomasz Nowacki	M	45		200	1:51:57
203	1:52:28	537	James Williams	M		PARC BRYN BACH RUNNING CLUB	204	1:52:19
204	1:52:38	56	Andrew Bradshaw	M	40		203	1:52:12
205	1:52:48	239	Paul Jones	M			205	1:52:31
206	1:52:58	613	Krzystof Skora	M			207	1:52:51
207	1:52:59	1	Philip Abbey	M	40		206	1:52:48
208	1:52:59	121	Christian Dixon	M			210	1:52:54
209	1:53:03	124	Simon Dorman	M	40		208	1:52:52
210	1:53:12	518	Godsall Gary	M	40		213	1:53:12
211	1:53:15	505	Grant Womack	M			214	1:53:13
212	1:53:15	594	Marcus Ashcroft	M			211	1:53:00
213	1:53:24	575	W Ford	M		HAY-HOT FOOTERS	209	1:52:54
214	1:53:32	305	Solomon Mcleod	M			212	1:53:04
215	1:53:32	488	Jack Wilcox	M			216	1:53:24
216	1:53:33	412	Andrew Sharratt	M	60	AVON VALLEY RUNNERS	215	1:53:23
217	1:53:42	116	Faye Davies	F			217	1:53:26
218	1:53:48	177	Garry Griffiths	M	40	RHONDDA VALLEY RUNNERS	218	1:53:32
219	1:53:56	411	Paul Sharples	M			219	1:53:38
220	1:54:01	624	Lyndsay Petit-Bourillon	F			220	1:53:57
221	1:54:05	443	Craig Thomas	M			223	1:53:59
222	1:54:24	186	Lara Harley	F			228	1:54:19
223	1:54:24	248	Sally Kennedy	F			221	1:53:58
224	1:54:24	21	Ryan Bater	M			222	1:53:58
225	1:54:28	67	Nicole Brown	F			227	1:54:17

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Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
226	1:54:30	610	Lucia Hinksman	F			229	1:54:20
227	1:54:31	391	Bethan Salter	F			224	1:54:03
228	1:54:31	452	Naomi Tugby	F			225	1:54:03
229	1:54:36	132	Michael Elliott	M	45		226	1:54:09
230	1:54:46	542	Joni Parry	F		MERTHYR RUNNING CLUB	234	1:54:32
231	1:54:49	437	Damon Tarbath	M			230	1:54:20
232	1:54:54	463	Shirley Vickery	F	45		237	1:54:51
233	1:54:56	265	Stewart Lilley	M	40		235	1:54:45
234	1:54:59	557	Alastair Upham	M			233	1:54:30
235	1:54:59	534	Wham 534	M	40		231	1:54:30
236	1:54:59	460	Robert Upham	M	40		232	1:54:30
237	1:55:13	257	Piotr Krol	M	50		236	1:54:48
238	1:55:21	441	Hollie Thomas	F			239	1:55:06
239	1:55:32	408	Russell Shailes	M			238	1:55:01
240	1:55:33	268	Sarah Littlewood	F	35		240	1:55:24
241	1:55:43	314	Robert Middleton	M			241	1:55:27
242	1:55:52	506	Matthew Wood	M			244	1:55:39
243	1:55:57	36	Andrew Blackman	M	55	WYE VALLEY RUNNERS	245	1:55:50
244	1:56:05	60	Lee Breen	M	45		242	1:55:34
245	1:56:06	375	Jamie Rees	M			243	1:55:39
246	1:56:11	6	Linda Aird	F	55	NORTH HERTS ROAD RUNNERS	247	1:55:55
247	1:56:15	163	Ian Gray	M	55		246	1:55:50
248	1:56:25	336	Jennifer O'Connor	F	50	AVON VALLEY RUNNERS	248	1:56:05
249	1:56:25	438	Alan Tate	M	55	AVON VALLEY RUNNERS	249	1:56:06
250	1:56:26	247	Gavin Kemp	M			250	1:56:06
251	1:56:28	81	Steve Cameron	M			251	1:56:14
252	1:56:43	485	Phil Whitney	M			252	1:56:23
253	1:56:52	317	Nick Moores	M			258	1:56:47
254	1:56:56	260	Sian Lawrence	F			260	1:56:49
255	1:56:58	155	Darren Gibbons	M			256	1:56:45
256	1:57:02	479	Simon Watkins	M			254	1:56:39
257	1:57:02	358	Christina Plant	F			257	1:56:45
258	1:57:05	2	Emma Abbey	F		CLC STRIDERS	261	1:56:54
259	1:57:09	135	Lucy Farmiloe	F			253	1:56:38
260	1:57:11	207	Ellie Hiskett	F			268	1:57:09
261	1:57:13	159	Nicola Goodwin	F	40	HEREFORD TRIATHLON CLUB	259	1:56:48
262	1:57:13	481	Christopher Weale	M			255	1:56:42
263	1:57:14	363	Graham Powell	M	50	HEREFORD GHOST RUNNERS	263	1:56:59
264	1:57:16	604	Carol Powell	F	40		262	1:56:57
265	1:57:19	426	Martin Stark	M	50		266	1:56:59
266	1:57:24	462	Adam Vaughan	M			265	1:56:59
267	1:57:25	40	Malgorzata Bocul	F			264	1:56:59
268	1:57:25	588	Michael Green	M			267	1:57:07
269	1:57:33	625	Craig Adams	M			270	1:57:22
270	1:57:39	256	Sona Kotorova	F			275	1:57:32
271	1:57:43	158	Gerald Gobey	M	60	WYE VALLEY RUNNERS	272	1:57:29
272	1:57:48	129	Darren Edwards	M	40		269	1:57:16
273	1:57:49	28	Rosie Bennett	F			271	1:57:26
274	1:57:49	500	Martin Williams	M	45	PORT TALBOT HARRIERS	276	1:57:38
275	1:57:50	527	Harper Samantha	F	40	CROFT AMBREY RC	274	1:57:31
276	1:57:57	278	Brent Lowson	M	55	WYE VALLEY RUNNERS	273	1:57:30
277	1:58:04	615	Sam Beardsley	M			277	1:57:42
278	1:58:12	319	Simon Morgan	M	45		279	1:57:59
279	1:58:14	373	Prabhuram Rai	M			281	1:58:07
280	1:58:17	543	Louise Munkley	F	35	MERTHYR RUNNING CLUB	280	1:58:03
281	1:58:22	169	Laura-Jane Greenman	F			278	1:57:57
282	1:58:29	29	Rebecca Bennion	F			285	1:58:24
283	1:58:31	351	Sharon Peters	F	45	TEWKESBURY RUNNING CLUB	286	1:58:26
284	1:58:34	184	Richard Hankinson	M			289	1:58:31
285	1:58:34	90	Daniel Cave	M	40		282	1:58:12
286	1:58:35	326	Kelly Murray	F			287	1:58:28
287	1:58:35	487	Bridie Whittle	F	40		283	1:58:14
288	1:58:39	593	Simon Evans	M	55		288	1:58:28
289	1:58:39	24	Sarah Bayley	F		WYE VALLEY RUNNERS	284	1:58:21
290	1:58:54	341	Terry Onions	M	60	GLOUCESTER AC	291	1:58:35
291	1:58:56	32	Naomi Bevan	F	35		290	1:58:33
292	1:58:59	50	Shaun Bowen	M			292	1:58:43
293	1:59:23	424	Libby Snell	F			296	1:59:15
294	1:59:26	524	Wheatley Oliver	M			294	1:59:03
295	1:59:37	420	Nicholas Smith	M	45		295	1:59:10
296	1:59:39	192	Michael Hartwell	M	50		293	1:58:45
297	1:59:46	55	Steven Box	M			299	1:59:41
298	1:59:54	161	Nicola Gowing	F	45		297	1:59:37
299	1:59:54	230	Barrie Johnson	M	45		298	1:59:38
300	2:00:12	301	Naomi Mawdsley	F	45		300	1:59:53

## 2016 Hereford Half

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
301	2:00:20	270	Ralph Lloyd	M	50	WYE VALLEY RUNNERS	305	2:00:19
302	2:00:24	149	Robert Gamston	M			301	1:59:58
303	2:00:27	539	Julie Lees	F	40	FAIRWATER RUNNERS	303	2:00:16
304	2:00:35	157	Paul Gillard	M	55		302	2:00:06
305	2:00:43	279	Ian Lunt	M	40		304	2:00:17
306	2:00:52	25	Paul Bayley	M	45		306	2:00:48
307	2:01:14	418	Faye Smith	F			308	2:01:06
308	2:01:14	51	Ian Bowler	M	55		307	2:01:03
309	2:01:15	285	Catherine Mahon	F	50		309	2:01:06
310	2:01:15	23	Elizabeth Bates	F			310	2:01:09
311	2:01:23	432	Roger Stockman	M	40		311	2:01:11
312	2:01:35	31	Ruth Betterton	F			312	2:01:14
313	2:01:36	30	Richard Betterton	M	60		313	2:01:15
314	2:01:37	175	David Griffiths	M			314	2:01:23
315	2:01:52	77	John Burnett	M	50		315	2:01:29
316	2:01:58	578	Matthew Sim	M			316	2:01:41
317	2:02:10	381	Anne Rice-Jones	F		ISLWYN	319	2:02:05
318	2:02:11	559	Liz Davies-Ward	F	50	HEREFORD TRIATHLON CLUB	317	2:01:45
319	2:02:26	214	Steve Howie	M			321	2:02:19
320	2:02:31	532	Wayne Cotteril	M			318	2:02:04
321	2:02:34	601	Michelle Jayne	F	35	PARC BRYN BACH RUNNING CLUB	323	2:02:25
322	2:02:41	1032	Sarah Betterton	F			320	2:02:19
323	2:02:50	229	Tanya Jeyasingham	F	45		325	2:02:40
324	2:02:51	434	Charles Stone	M	60		322	2:02:23
325	2:02:52	390	Tom Salmon	M			324	2:02:37
326	2:02:58	497	Nathan Williams	M		DRAGONS RUNNING CLUB	326	2:02:42
327	2:03:04	107	Jack Cooper	M			328	2:02:55
328	2:03:05	103	Joseph Connor	M		BRAMHALL RUNNERS	327	2:02:53
329	2:03:15	34	Robert Blackburn	M	50		329	2:03:06
330	2:03:17	355	Michael Philpotts	M	40		330	2:03:16
331	2:03:40	619	Ritesh Ona	M	40		332	2:03:25
332	2:03:47	380	Amelia Revell	F			331	2:03:24
333	2:04:00	244	Vicky Kaye	F			333	2:03:50
334	2:04:25	288	Roni Margerison	F	40	LLISWERRY RUNNERS	334	2:04:04
335	2:05:00	629	Kevin Powell	M			338	2:04:45
336	2:05:04	33	Laura Bishop	F			340	2:04:58
337	2:05:08	451	Alex Tucker	M			335	2:04:38
338	2:05:11	475	Diane Watkins	F			339	2:04:50
339	2:05:12	587	Richard Evans	M	40		336	2:04:42
340	2:05:13	429	John Stevens	M		HEREFORD RUNNERS	337	2:04:42
341	2:05:17	112	Helen Crispin	F	35	CHELTENHAM RUNNING CLUB	341	2:05:06
342	2:05:25	389	Shane Rolph	M			342	2:05:14
343	2:05:30	436	Piotr Strzesak	M	60	PRESTEIGNE PACERS	344	2:05:21
344	2:05:34	75	Dan Burke	M	50		343	2:05:15
345	2:05:43	385	John Roberts	M			345	2:05:27
346	2:05:50	180	Andrew Hack	M			347	2:05:29
347	2:05:50	181	Nicola Hack	F			346	2:05:29
348	2:05:53	550	Jacob Virgo	M			348	2:05:32
349	2:06:12	414	Melanie Shipton	F	45	LLISWERRY RUNNERS	349	2:05:51
350	2:06:12	410	Michelle Shapland	F	40	LLISWERRY RUNNERS	350	2:05:51
351	2:06:21	148	Dale G	M			354	2:06:09
352	2:06:22	574	Jude Park	F	45		351	2:05:53
353	2:06:24	555	Robert Birch	M	45		352	2:05:57
354	2:06:27	267	Alex Lineham	M			353	2:06:09
355	2:06:57	54	James Bowyer	M			357	2:06:50
356	2:07:03	236	Carole Jones	F	60	BRECON AC	356	2:06:45
357	2:07:04	387	Glyn Roberts	M	45		355	2:06:28
358	2:07:16	526	Lunt Rosie	F			358	2:07:12
359	2:07:45	58	Abigail Bramble	F			359	2:07:22
360	2:07:50	470	Martin Ward	M	55		363	2:07:45
361	2:07:53	384	David Rix	M	60		361	2:07:36
362	2:08:00	102	Dennis Collins	M	50	RHONDDA VALLEY RUNNERS	362	2:07:40
363	2:08:09	255	Andrzej Kosinski	M	50		365	2:07:58
364	2:08:09	409	Helen Shalders	F	50		360	2:07:36
365	2:08:20	119	Stephen Davies	M	40		366	2:07:58
366	2:08:20	117	Joe Davies	M			364	2:07:58
367	2:08:33	545	Glyn Flethcer	M	55		370	2:08:23
368	2:08:40	401	Ingrid Schiff	F	35		368	2:08:17
369	2:08:45	565	Richard Baker	M	50		367	2:08:15
370	2:08:47	234	Philip Jones	M	55		371	2:08:28
371	2:08:48	150	Alun Garland	M	55		369	2:08:23
372	2:08:53	145	Savannah Foster	F			372	2:08:31
373	2:09:04	378	Jemma Reinsch	F	35		373	2:08:41
374	2:09:06	516	Farmer Andrew	M			374	2:08:53
375	2:09:16	104	Robert Constable	M	50		375	2:09:03

## 2016 Hereford Half

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
376	2:09:22	199	Stephen Herbert	M	45		376	2:09:04
377	2:09:36	37	Rebecca Blackwell	F			377	2:09:15
378	2:09:41	165	Hannah Gray	F			378	2:09:30
379	2:09:45	17	Kirsty Baker	F	35		379	2:09:33
380	2:09:46	501	Mel Williams	F		WHITE ROCK RUNNERS	380	2:09:35
381	2:10:12	94	Bee Cheok	F	60		381	2:09:50
382	2:10:14	465	Hannah Walford	F			382	2:10:07
383	2:10:38	472	Kevin Ward	M			384	2:10:20
384	2:10:41	211	Peter Horvath-Howard	M	55		383	2:10:12
385	2:10:47	69	Nigel Bryant	M	60		387	2:10:25
386	2:10:49	223	Rachel Ivins	F	45	HEREFORD RUNNERS	385	2:10:20
387	2:10:55	221	Wayne Isaac	M			386	2:10:23
388	2:10:56	416	Derek Simpson	M	55		388	2:10:34
389	2:11:02	357	Mandy Piech	F	50		389	2:10:54
390	2:11:12	461	Kathryn Vaughan	F			390	2:10:54
391	2:11:12	383	Sian Rilstone	F			391	2:10:54
392	2:11:34	558	Eamon Jones	M	50		392	2:11:24
393	2:12:05	579	Philip Jones	M	45		394	2:11:57
394	2:12:07	435	Nikki Stroud	F	40		393	2:11:53
395	2:12:14	370	Rachelle Prothero	F		WYE VALLEY RUNNERS	395	2:12:06
396	2:12:33	271	Jon Lloyd	M			398	2:12:23
397	2:12:33	204	Beth Hill	F			397	2:12:23
398	2:12:45	325	Sam Murcutt	F			399	2:12:36
399	2:12:45	299	Sian Matthews	F		PONTARDAWE	400	2:12:36
400	2:12:46	486	Richard Whittall	M	40		396	2:12:11
401	2:13:04	76	Andy Burman	M	50		401	2:12:42
402	2:13:12	118	Mark Davies	M	40		402	2:12:49
403	2:13:13	101	Anne Colley	F			403	2:13:05
404	2:13:37	283	Ruaridh Macdonald	M	55		405	2:13:31
405	2:13:42	96	Amanda Christopherson	F	40		406	2:13:32
406	2:13:45	84	Claire Carden	F	40		404	2:13:11
407	2:13:56	492	Rae Williams	F			407	2:13:37
408	2:14:22	143	Melissa Folly	F			409	2:14:15
409	2:14:22	328	Henry Nash	M			410	2:14:16
410	2:14:31	445	Dafydd Thomas	M			408	2:14:14
411	2:14:41	318	Louise Mordue	F			411	2:14:21
412	2:15:23	190	Katie Harris	F	35		414	2:15:09
413	2:15:27	144	Sheila Foot	F	60		416	2:15:18
414	2:15:28	549	Sean Davies	M			413	2:14:58
415	2:15:28	548	Chris Blackabee	M	45		412	2:14:58
416	2:15:37	495	Gloria Williams	F	60		417	2:15:20
417	2:15:40	388	Susan Roig	F	40	LEDBURY & DISTRICT HARRIERS	415	2:15:16
418	2:15:42	59	Joe Bree	M			418	2:15:32
419	2:15:50	15	Roger Atkinson	M	60		419	2:15:35
420	2:16:02	5	Richard Aird	M	60		420	2:15:41
421	2:16:05	111	Sasha Crickmore	F		RUN MUMMY RUN	422	2:15:53
422	2:16:13	262	Eleanor Leighfield	F			421	2:15:43
423	2:16:21	263	Michael Lewis	M	50		423	2:15:54
424	2:16:58	1114	Bex Fieldmouse	F		HATTON DARTS	424	2:16:34
425	2:17:19	98	Kimberley Clements	F		WYE VALLEY RUNNERS	425	2:16:52
426	2:17:31	310	Claire Merriman	F			426	2:17:23
427	2:17:32	339	John Oliver	M			427	2:17:23
428	2:17:56	176	Amy Griffiths	F			428	2:17:46
429	2:18:13	457	Bev Tyler	F	45	HEREFORD COURIERS	429	2:18:02
430	2:18:34	297	Emily Matthews	F			432	2:18:22
431	2:18:43	563	Wayne Ricketts	M	40		431	2:18:21
432	2:18:43	38	David Blackwell	M	45		430	2:18:08
433	2:18:52	170	Julian Greenway	M	45		433	2:18:24
434	2:19:02	560	Andrea Reese	F	45	HEREFORD GHOST RUNNERS	434	2:18:49
435	2:19:14	3	Katie Adams	F		WHITE ROCK RUNNERS	435	2:19:03
436	2:19:23	62	David Bridgewater	M			436	2:19:05
437	2:19:38	614	Andrew White	M	50		437	2:19:08
438	2:19:44	626	Colins Davis	M	55		438	2:19:26
439	2:19:58	602	Micah Phillips	M			440	2:19:43
440	2:19:58	261	Ben Lea	M			441	2:19:44
441	2:20:05	321	Christine Motteram	F	60	WYE VALLEY RUNNERS	439	2:19:31
442	2:20:35	361	Matt Poulton	M			442	2:20:00
443	2:20:54	292	Josh Mather	M			445	2:20:51
444	2:21:00	45	Ben Boswell	M			443	2:20:42
445	2:21:00	44	Dave Boswell	M	55		444	2:20:43
446	2:21:15	246	Nicola Kelly	F	45	BUILTH & DISTRICT	446	2:20:52
447	2:21:21	4	Lucy Aird	F			447	2:21:00
448	2:22:10	296	Annie Matthews	F			448	2:22:10
449	2:22:41	450	Ella Treloar	F			450	2:22:28
450	2:22:53	289	Karen Marshall	F	45	FODAC	449	2:22:19

## 2016 Hereford Half

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
451	2:22:54	320	Emma Morris	F			451	2:22:40
452	2:23:33	330	Alice Nelson	F			452	2:23:24
453	2:23:43	503	Fedelma Williams-Meyer	F	35		453	2:23:25
454	2:23:48	360	Anthony Poole	M			455	2:23:28
455	2:23:48	521	More Leo	M			454	2:23:27
456	2:23:50	423	Anna Snell	F	45		456	2:23:41
457	2:24:26	313	Dawne Meynell-Western	F	35	RHONDDA VALLEY RUNNERS	457	2:24:07
458	2:24:32	433	Julie Stokes	F	45	LLISWERRY RUNNERS	458	2:24:19
459	2:24:57	57	Leah Brain	F		FODAC	459	2:24:23
460	2:24:57	468	Fern Walter	F			460	2:24:29
461	2:25:30	277	Joanne Lowry	F	35		461	2:25:06
462	2:26:20	620	Katie Lea	F			462	2:25:56
463	2:26:49	525	Pearcy Phillip	M			463	2:26:24
464	2:26:59	406	Joseph Semana	M			465	2:26:57
465	2:26:59	556	Mrs Wheeler	M	40		464	2:26:47
466	2:28:24	484	James Wheatstone	M		MALVERN JOGGERS	466	2:28:02
467	2:28:44	218	Anthony Hunt	M	60		468	2:28:21
468	2:28:48	425	Matthew Stallabrax	M			467	2:28:17
469	2:29:01	245	Michael Keel	F	55		469	2:28:28
470	2:29:21	281	Andrew Macausland	M	55		470	2:28:49
471	2:29:40	308	Marta Melvin	F		HACKNEY MARSHES PARKRUN	471	2:29:09
472	2:29:41	352	Jackie Phillips	F	40		472	2:29:16
473	2:30:49	589	David Phillips	M	65	MASSEY FERGUSON COVENTING	473	2:30:39
474	2:30:59	272	Tim Lock	M			474	2:30:50
475	2:31:28	530	Louise Hebbes	F	40		475	2:31:26
476	2:33:06	258	Stephanie Lane	F			477	2:32:58
477	2:33:20	12	Abigail Appleton	F	50		476	2:32:49
478	2:33:28	227	Katie Jenkins	F			478	2:33:13
479	2:33:52	203	Jade Hibbert	F			479	2:33:38
480	2:34:10	333	Salley Norledge	F	40		482	2:33:59
481	2:34:10	586	Rachel Norledge	F			481	2:33:58
482	2:34:23	73	Edward Burgess	M			480	2:33:51
483	2:35:00	628	Kris Coolie	M			483	2:35:00
484	2:36:41	66	Malcolm Brookes	M	65	100 MARATHON CLUB	484	2:36:41
485	2:38:51	541	Janet Williams	F	55	DRAGONS RUNNING CLUB	485	2:38:36
486	2:39:37	600	Angus Melvin	M	50		486	2:39:06
487	2:41:33	585	Richard Hutcheon	M	65		487	2:40:56
488	2:41:52	188	Clair Harper	F	35		488	2:41:46
489	2:42:45	509	Laura Wooles	F	35	HEREFORD HOTSTEPPERS	490	2:42:21
490	2:42:45	499	Clare Williams	F			489	2:42:21
491	2:43:12	365	Callum Preece	M		HEREFORD GHOST RUNNERS	491	2:42:33
492	2:43:12	72	Les Bullock	M	45	HEREFORD GHOST RUNNERS	492	2:42:36
493	2:43:16	89	Melaine Cassells	F			494	2:43:11
494	2:43:32	100	Paul Coker	M	40		495	2:43:12
495	2:43:33	447	Sarah Thomas-Britton	F	40		493	2:43:08
496	2:44:07	108	Abi Corre	F	35		496	2:43:33
497	2:44:37	269	Michael Lloyd	M	40		497	2:44:15
498	2:44:38	298	Sara Matthews	F			498	2:44:15
499	2:46:13	14	Sophie Atherton	F			499	2:45:53
500	2:46:28	515	Adi Yarsley	F			500	2:46:20
501	2:46:47	109	Lisa Craddock	F			501	2:46:31
502	2:46:49	356	Robbie Pickering	M			502	2:46:33
503	2:48:35	27	Chris Bennell	M			503	2:48:11
504	2:52:07	399	Leah Savage	F			504	2:51:50
505	2:52:54	213	Matthew Howard	M			505	2:52:48
506	2:57:41	405	Angela Semana	F			506	2:57:38
507	2:58:04	179	Andrea Gwilliam	F	45		508	2:57:59
508	2:58:05	233	Sharon Jones	F			507	2:57:58
509	3:00:46	476	Ellen Watkins	F			509	3:00:22
510	3:03:51	417	Sally Sims	F	60		510	3:03:23
511	3:03:51	235	Pam Jones	F	45		511	3:03:23
512	3:06:26	511	Kate Woosnam	F			512	3:06:03
513	3:06:26	362	Carley Powell	F			513	3:06:14
514	3:11:17	215	Matthew Hudd	M	45		514	3:11:00
515	3:13:38	507	Sharon Wood	F	40		515	3:13:14
516	3:20:43	403	Phil Scriven	M	50		516	3:20:31