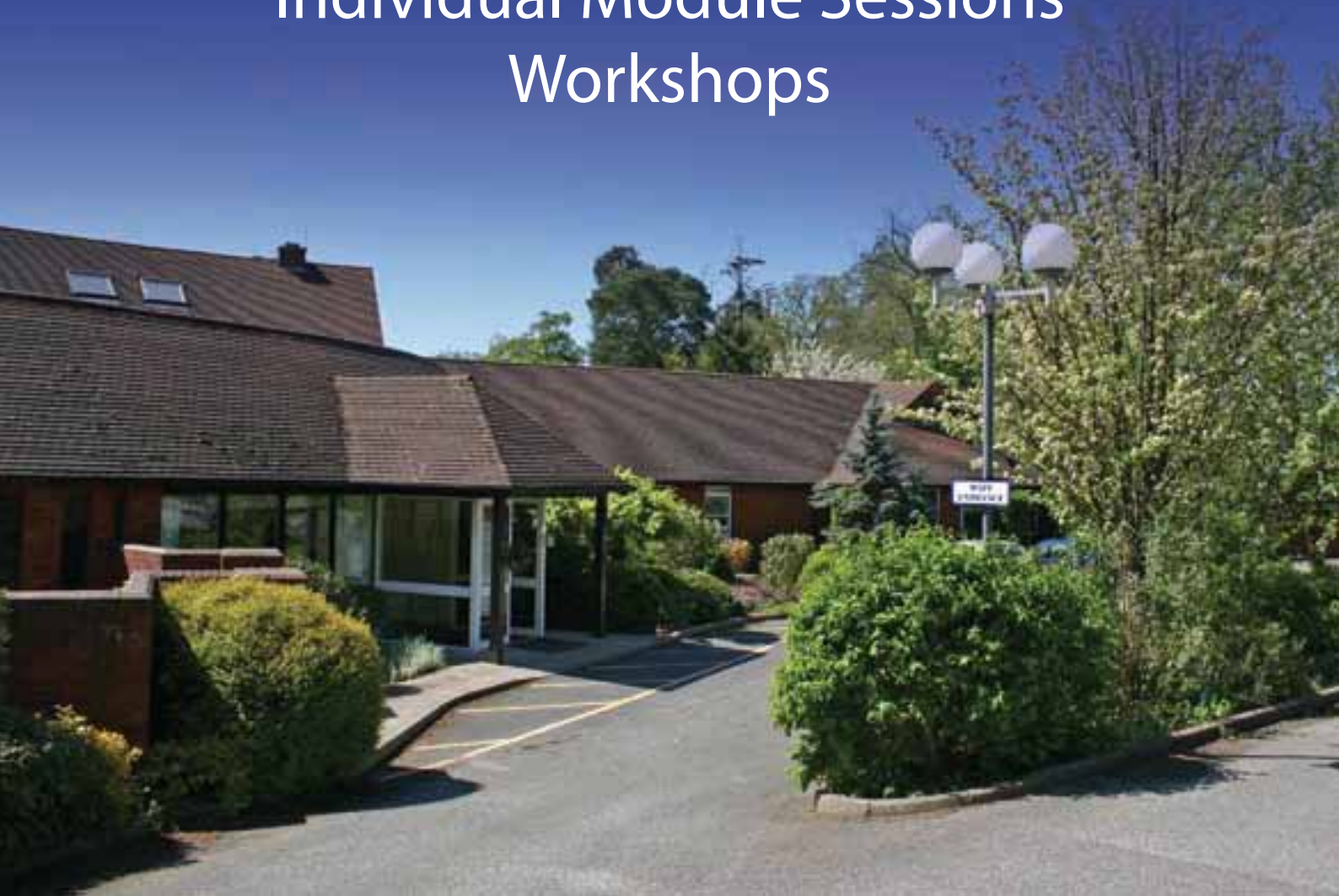




Education Programme 2010/11

Modules
Individual Module Sessions
Workshops



Introduction



St Michael's Hospice

Welcome to St Michael's Hospice Education Programme. Our Education Department offers a wide range of courses, workshops and other learning opportunities aimed at people whose roles involve palliative care in any setting.

All courses and learning activities incorporate WHO principles for palliative care and draw on best practice and evidence-based care guidance as highlighted by the Healthcare Commission, NICE and the Commission for Social Care Inspection.

We provide certification of attendance on all courses and offer structured frameworks to aid reflective practice for utilisation as part of your continuing professional development.

Education and learning activities are organised and facilitated by the Education Department.

Jean Fisher MSc RGN ONC FETC Cert Ed (FE) Dip PC
Head of Education

Debbie Smithers BSc (Hons) RGN FETC Cert Ed Dip PC
Teacher Practitioner

Ken Perry Ad GNVQ IT Dip HE PTTLs
Personal, Training and Administration Assistant

Other members of the Hospice Multi-disciplinary Team and professional colleagues from other areas are also involved as appropriate.

Whilst every effort is made to provide the programme advertised, the Education Department reserves the right to cancel or amend the programme without notice in the event of circumstances beyond its control.

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Some courses may be deliverable in your workplace - please contact the Education Department to discuss

Education Department



Aims

- To positively influence the care and support offered to individuals facing life threatening illness and their families through the provision of high quality palliative care education and training, based on current evidence and research
- To offer an education and training service that is professional, with a personal touch and that balances efficiency with friendliness
- To empower individuals and teams to develop competence and confidence in their palliative care knowledge and skills, through the learning, guidance, supervision and support offered by the Education Department
- To sustain palliative care education services in the long term future of St Michael's Hospice through flexibility and full integration with clinical services and service development
- To enhance the profile of St Michael's Hospice nationally and internationally through education activities and publication

Booking Information



Course Fees:

Course fees are payable in advance. A cancellation fee will be charged at 75% within 3 weeks of the date of the course (where appropriate fees may be carried forward to future events). If a substitute is put in place of someone who cannot attend on the day, this may incur an administration cost. Applications without payment will be treated as a provisional booking. Provisional bookings will be cancelled after two weeks if completed application forms have not been received. Payment by installments is possible by prior negotiation with the Education Department.

Course fees are kept as low as possible to facilitate attendance by those who are self-funding. Funding support may be available from the following sources: line manager, employer, local "Trust Funds" for GP Practice, ward area. It is the responsibility of the applying student to ensure that funding and study leave is approved and granted.

Discounts:

Discounted fees may be available for pre-registration nursing students or for block bookings of 4 or more individuals from one organisation.

Catering:

All refreshments, including light lunch for full day programmes, are provided within the course fee for freestanding days; this covers individual days or half day workshops only. Module students will be required to support the cost of their own refreshments, but this is at a subsidised rate.

Course Bookings:

Our application form and news on all other education events are available on our website www.st-michaels-hospice.org.uk

Further enquiries: Tel: 01432 851000 Fax: 01432 851022

Email: kperry@st-michaels-hospice.org.uk

Data Protection Statement

St Michael's Hospice maintains databases for course management and marketing. Contact details are held and may be used as a basis for a mailing list to promote future courses (this information is not made available to other organisations).

Clinical Issues in Palliative and End of Life Care - Theory & Practice Module

Introduction Day	Wednesday 8/9/10
Theory Component	Wednesdays 22/9/10 - 10/11/10 9.30 - 4.30
Reading Week	29/11/10
Presentations	Wednesday 17/11/10
Clinical Practice Days	3 days by January 2011

Course Fees £270

(Plus individual registration fees as charged by University of Worcester, provisionally £80 per student)

Target Audience

Qualified health care staff engaged in the care of individuals in the palliative or end stage of life

Content

This module presents an opportunity to examine principles and to update on current practice in palliative care with regard to symptom management, and to review the evidence base for practice.

- Philosophy & principles of care in the palliative context
- The assessment & management of symptoms (Theory and Practice)
- The impact of disease / End of Life Care / Teamwork in palliative care
- Current management strategies of specific symptoms, including pain, gastrointestinal & respiratory symptoms / Coping with caring in palliative care / Specialist clinical practice

Accreditation

Accredited by University of Worcester. Accredited and non accredited routes available Level 5 (Diploma) and Level 6 (Degree) pathways

For continuing professional development this module has an accreditation of 20 CATS points at Level 5 or Level 6

Those unable to participate in the complete module (CIPEC) have the opportunity to attend whole day or half day sessions (see pages 7 - 13), and may be able to use these sessions for future accreditation by negotiation with us.

Individual Module Session



Philosophy & Principles of Palliative Care

Autumn 2010

Wednesday 22nd September

9.30 - 12.30

Course Fees £32 including refreshments

Target Audience

Qualified health care staff engaged in the care of individuals in the palliative or end stage of life

Content

This workshop is suitable for those who have an interest in care of the very ill, dying and bereaved and who wish to gain some foundation knowledge in palliative care.

- What is Palliative Care?
- Who is Palliative Care For?
- The Ethos of Palliative Care
- Models of Death & Dying and their Relevance to Practice

Individual Module Session



Symptom Control in Palliative Care - Overview & Principles

Autumn 2010

Wednesday 29th September

9.30 - 12.30

Course Fees £32 including refreshments

Target Audience

Qualified health care staff engaged in the care of individuals in the palliative or end stage of life

Content

This workshop will help you gain knowledge, skills and understanding of symptom assessment and general principles underpinning our approach to providing holistic palliative symptom control.

- Symptom Patterns & Prevalence
- Personality & Symptoms
- Principles of Symptom Control
- Symptom Assessment

Individual Module Session



Pain in the Palliative Patient

Autumn 2010

Wednesday 6th October

9.30 - 4.30

Course Fees £60 including refreshments and light lunch

Target Audience

Qualified health care staff engaged in the care of individuals in the palliative or end stage of life

Content

This day is aimed at those whose roles involve caring for people who have to face and cope with pain. The session will help you gain knowledge, skills and understanding of both the problems and a range of care and treatment strategies.

- Pain Assessment
- Pain Theories & Pain Mechanisms
- Concepts of Pain
- Acute & Chronic Pain – Aspects for Practice with Palliative Care Patients
- Palliative Pain Management Strategies
- Non Drug Management
- Drug Management

Individual Module Session



Respiratory Symptoms in Palliative Care

Autumn 2010

Wednesday 13th October

9.30 - 12.30

Course Fees £32 including refreshments

Target Audience

Qualified health care staff engaged in the care of individuals in the palliative or end stage of life

Content

One of the key focus points of this session is the role we may be able to play in helping with, or mitigating against, particularly distressing and emotive symptoms.

- Cough
- Dyspnoea
- Haemoptysis
- Hiccoughs
- Coping and Management Strategies

Individual Module Session



Gastrointestinal Symptoms in Palliative Care

Autumn 2010

Wednesday 20th October

9.30 - 12.30

Course Fees £32 including refreshments

Target Audience

Qualified health care staff engaged in the care of individuals in the palliative or end stage of life

Content

This session is designed to enhance your knowledge and practice in helping palliative care patients and their families manage these complex and often underrated difficulties which may have a major impact on quality of life.

- Oral Problems
- Nausea & Vomiting
- Intestinal Obstruction
- Constipation

Individual Module Session



Clinical Emergencies in Palliative Care

Autumn 2010

Wednesday 3rd November

9.30 - 12.30

Course Fees £32 including refreshments

Target Audience

Qualified health care staff engaged in the care of individuals in the palliative or end stage of life

Content

Even within the context of palliative care some situations are emergencies. What are they? Can we prevent them? How do we manage them? What consequences do they hold? The aim of this session is to address these questions and explore practical and non practical issues which need to be considered.

- Hypercalcaemia of Malignancy
- Superior Vena Cava Obstruction
- Haemorrhage
- Fits
- Malignant Spinal Cord Compression
- Fractures

Individual Module Session



End of Life Care - The Final Phase of Life

Autumn 2010

Wednesday 10th November

9.30 - 12.30

Course Fees £32 including refreshments

Target Audience

Qualified health care staff engaged in the care of individuals in the palliative or end stage of life

Content

- Maximising Physical Comfort (including symptom management aspects)
- Psychosocial Care for the Individual and the Family
- Offering Spiritual Care - Not Just 'Do You Want Your Vicar to Call?'
- Care in Context - National & Political Influences on Local Services & Configuration
- Self Preservation & Therapeutic Caring - Impossible Balance?

PEPNI Module

Palliative and End Of Life Care For People With Non-Malignant Illnesses - Theory & Practice Module

Introduction Day	Wednesday 26/1/11
Theory Component	Wednesdays 9/2/11 - 20/4/11 9.30 - 4.30
Reading Week	13/4/11
Presentations	Wednesday 27/4/11
Clinical Practice Days	3 days by May 2011

Course Fees £270

(Plus individual registration fees as charged by University of Worcester, provisionally £80 per student)

Target Audience

Qualified health care staff engaged in the care of individuals in the palliative or end stage of life

Content

This module presents an opportunity to develop knowledge and confidence in relation to caring for and supporting individuals with non-malignant life threatening illness, and the palliative aspects of severely life-limiting illness.

- Palliative Care and Non Cancer: Models, Theories and Real Life
- The impact of disease trajectory on the individual and the family
- Survivorship and depression in life-limiting and life threatening conditions
- Theories of grief and models of bereavement support
- Children and life-limiting / life threatening illness
- Palliative aspects of:
 - Neurological diseases / Respiratory diseases / Dementia / Cardiovascular diseases
 - Rheumatology & connective tissue disorders / Renal disease & organ failure

Accreditation

Accredited by University of Worcester. Accredited and non accredited routes available Level 5 (Diploma) and Level 6 (Degree) pathways
For continuing professional development this module has an accreditation of 20 CATS points at Level 5 or Level 6

Those unable to participate in the complete module (PEPNI) have the opportunity to attend whole day or half day sessions (see pages 15 - 24), and may be able to use these sessions for future accreditation by negotiation with us.

Individual Module Session



Palliative Care and People With Non-Malignant Illnesses - A Review

Spring 2010

Wednesday 9th February

9.30 - 4.30

Course Fees £60 including refreshments and light lunch

Target Audience

Qualified health care staff engaged in the care of individuals in the palliative or end stage of life

Content

Today provides the foundation for the rest of the module. We will critically review the WHO definition and principles for palliative care, together with the national and local strategies and consider how/if your own working contexts 'fit' with these agendas and how those with non-malignant conditions and their families may/will benefit from these.

There will be an opportunity for supportive reflection and self directed study in the afternoon.

- What is Palliative Care?
- The Ethos and Philosophy Issues
- Critical Review of Models of Delivery and role for those with non-malignant and often long term conditions
- Changing Gear – Health Promotion, Independence Maintenance, Self Care – Palliation

Individual Module Session



Palliative Care and Organ Diseases 1

Spring 2010
Wednesday 16th February
1.30 - 4.30

Course Fees £32 including refreshments

Target Audience

Qualified health care staff engaged in the care of individuals in the palliative or end stage of life

Content

This afternoon we will consider issues relevant to Palliation of organ disease. We will have the opportunity to examine the impact of such diagnosis and the impact of transitions of care for both professionals and patient/family.

We will explore:

- Renal diseases
- Liver diseases

Individual Module Session



Palliation in Respiratory Disease

Spring 2010
Wednesday 23rd February
1.30 - 4.30

Course Fees £32 including refreshments

Target Audience

Qualified health care staff engaged in the care of individuals in the palliative or end stage of life

Content

This day offers insight into aspects of coping with a long term condition and a critical review of palliative care in respiratory disease.

- The Impact of Respiratory Disease
- Management of Non-malignant Respiratory Disease
- Interventions: Pharmacological & Non-pharmacological



Individual Module Session



Palliative Care in Dementia

Spring 2010

Wednesday 2nd March

9.30 - 4.30

Course Fees £60 including refreshments and light lunch

Target Audience

Qualified health care staff engaged in the care of individuals in the palliative or end stage of life

Content

Dementia is a major health care issue locally, with an ageing population. This event offers an opportunity to review the palliative care needs in a group of people for whom assessment and communication present us with significant challenges.

- Dementia – What do we mean?
- Aims of Care & Transitional Processes
- Individual Assessment in Cognitive Impairment
- Managing Symptoms
- Maintaining Personhood
- Supporting Families

Individual Module Session



Palliative Care and Organ Diseases 2

Spring 2010
Wednesday 9th March
1.30 - 4.30

Course Fees £32 including refreshments

Target Audience

Qualified health care staff engaged in the care of individuals in the palliative or end stage of life

Content

We will consider issues relevant to Palliation of organ disease. We will have the opportunity to examine the impact of such diagnosis and the impact of transitions of care for both professionals and patient/family.

We will explore:

- Heart disease
- Transitions in care



Individual Module Session



Illness & Self Concepts

Spring 2010

Wednesday 16th March

9.30 - 12.30

Course Fees £32 including refreshments

Target Audience

Qualified health care staff engaged in the care of individuals in the palliative or end stage of life

Content

We will look at specific aspects which may be pertinent to many individuals and families - whatever the life threatening illness may be.

- Self perception
- Illness behaviour
- Self care and transitions
- Living with chronicity

Individual Module Session



Children, Young People and Palliative Care

Spring 2010
Wednesday 23rd March
9.30 - 4.30

Course Fees £60 including refreshments and light lunch

Target Audience

Qualified health care staff engaged in the care of individuals in the palliative or end stage of life

Content

This day provides an opportunity to consider the needs of children and young people both as family members and as patients.

- Breaking bad news to children and young people - Whose role?
- Supporting children and young people when a family member is very ill
- Paediatric life threatening & life-limiting illness
- Supporting families when a child or young person is dying
- Bereavement – children and young people

Individual Module Session



Ethical and Personal Impact Issues and Palliation in Rheumatological Diseases

Spring 2010
Wednesday 30th March
1.30 - 4.30

Course Fees £32 including refreshments

Target Audience

Qualified health care staff engaged in the care of individuals in the palliative or end stage of life

Content

This morning we are going to explore some of the psychological and ethical aspects of Long Term Conditions. We will also focus specifically on Palliative care and Rheumatology.



Individual Module Session



Palliation in Neurological Disease

Spring 2010
Wednesday 6th April
9.30 - 4.30

Course Fees £60 including refreshments and light lunch

Target Audience

Qualified health care staff engaged in the care of individuals in the palliative or end stage of life

Content

Neurological disease presents us with a raft of practical, clinical and ethical problems. The aim of this event is to consider how, when and where palliative care begins and fits in with other supportive care elements.

- Ethical Considerations of Treatment
- Parkinson's Disease
- Multiple Sclerosis
- Motor Neurone Disease
- Other Neurological Conditions

Individual Module Session



Communication, Grief and Loss

Spring 2010
Wednesday 20th April
9.30 - 4.30

Course Fees £60 including refreshments and light lunch

Target Audience

Qualified health care staff engaged in the care of individuals in the palliative or end stage of life

Content

The focus of this day will be facing loss and death. How we offer supportive care to individuals and families, and how this work impacts upon us as professional carers.

- Multiple Losses
- Anticipatory Grief
- Theories and Models of Grief and Loss
- Bereavement Support – What, When, Where & Who?
- Who Cares for the Carers?
- Facing Death and Finding Hope
- Stress and Coping

Syringe Driver Training



Syringe Driver Introduction

Autumn 2010

Thursday 7th October

1.00 - 4.30

Course Fees £35 including refreshments

Target Audience

Qualified health care staff engaged in patient care

Content

This workshop offers the opportunity to gain theoretical and practical knowledge of the use of syringe drivers in the palliative care context - in accordance with West Midlands Strategy and Local Care Trust Policies. There will be an opportunity to practice skills required to use commonly used syringe drivers.

- Syringe Drivers in Palliative Care - Contexts of Usage
- Advantages & Disadvantages of Syringe Drivers
- Setting Up & Maintaining Use of Syringe Drivers (skills practice)
- Common Drugs Overview
- Troubleshooting

Syringe Driver Training



Syringe Driver Update

Autumn 2010
Tuesday 21st September
1.30 - 4.30

Course Fees £32 including refreshments

Target Audience

Qualified health care staff engaged in patient care who have undertaken syringe driver training and who use syringe drivers in clinical practice

Content

- Foundation Knowledge Review
- Applied Mathematics
- Problem Solving



Advanced Communication Skills Training



Advanced Communication Skills Training for Senior Health Professionals in Cancer Care

The Advanced Communication Skills Training programme has been developed in response to the NICE Supportive and Palliative Care Guidance. The aim of the programme is to implement a training model, involving a three day workshop, which is learner centred and is experiential. The course includes interactive exercises, video recording and role-play in small groups with actors. Participants are expected to take part in all aspects of the course, and must attend all three days to receive their certificate. All courses are CPD accredited and carry 18 CPD points for the Royal College of Physicians.

Target Audience

Senior health care professionals, including doctors, nurses and allied health care professionals who are involved in cancer care delivery.

The course is designed to enable you to:

- reflect on how you communicate with people affected by cancer
- share concerns and good practice
- improve and develop your communication skills through observation, practice and giving and receiving constructive feedback
- facilitate effective communication where there are language and/or cultural differences

Please contact the **3 Counties Cancer Network** to apply for a place:

t: 08454 221606 f: 08454 221863 e: fiona.jennings@glos.nhs.uk

For further information see the education section on the Three Counties Cancer Network Website: <http://www.the3ccancernet.org.uk>



NCFE Level 3 Certificate in Palliative Care

Target Audience

NCFE Level 3 Certificate in Palliative Care is an ideal course for those people seeking to increase their knowledge of palliative care in a vocational setting. This includes a wide range of people whose job includes caring for those who have a life-limiting illness. It has relevance to all types of care settings, including hospices, care homes, care in the community and primary care.

Content

The NCFE Level 3 Certificate in Palliative Care is designed to provide candidates with an understanding of the principles of palliative care. It will encourage them to use a 'whole person' and 'person-centred' approach to meet the emotional, social and spiritual needs of dying people and their families and increase candidates' awareness of loss, grief and the ways in which they can offer appropriate support to the bereaved. The course also provides employers with a structured training programme which will meet the training needs of their employees.

This is a distance learning course with supportive resources. It requires attendance on a half day introduction session, and a full day session to explore aspects of communications and other key topics requiring discussion-style input.

Generally this course is run over a four-month period with link tutors available to give email or telephone guidance and support on a weekly basis if required.

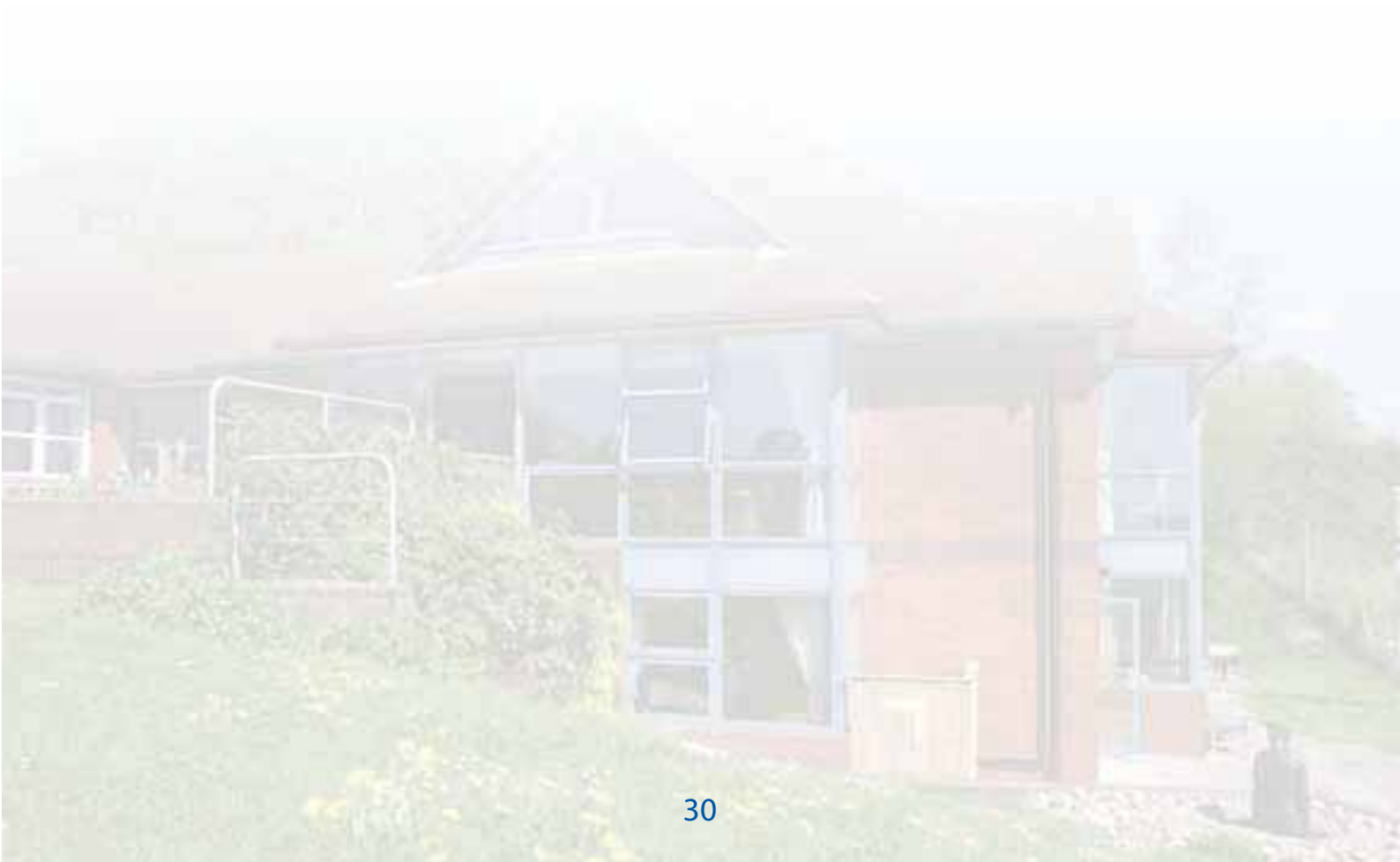
Next Introduction Day: Monday 20th September 2010

If you would like more information about the course, fees, applications for places, please contact the **Skills for Work Team** on **01432 260539**

Notes



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